— What is the project « Act for your Dreams »?

Since 1958, Children of the Mekong has been helping disadvantaged children in Southeast Asia attend school and prepare for their future. Every day we witness wonderful stories full of success and hope.

The young people we sponsor assert the key role of education and how it makes their dreams achievable.

— What is the project « Act for your Dreams »?

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— Why do we work with students in the United Kingdom?

Many students consider school as an obligation, a constraint or even a painful experience. Students need to understand the significance and meaning of their efforts. They also need to listen to testimonials to inspire them to shape their future and make their dreams come true.

The ‘Act for your dreams’ project is based on the first-hand accounts of courageous children living in slums and refugee camps who have managed to escape poverty and fulfilled their dream thanks to education. These remarkable stories remind us of the reasons why school is a great opportunity not to be missed.

For over 25 years, Children of the Mekong has been visiting primary and secondary schools as well as other educational institutions to show young people the importance of education.
— Our objectives

**Raise awareness**
Help your students shift their focus thanks to testimonials from young people who have achieved their dreams through education; promote a new outlook on school and work.

**Collaborate**
Conduct interactive exchanges with your students on the opportunity to study. What would the ‘recipe’ be to make their dreams come true?

**Engage**
Some young people in the world do not have the opportunity to get an education. How could your students help them to overcome this hardship (as a group or individually)?

— What we propose

**FREE AND INTERACTIVE SESSIONS**

- By trained volunteers
- From primary school to secondary school  
  *(Key Stage 1 to Key Stage 5)*
- State schools, public schools, private schools and other educational institutions
- The materials have been designed in collaboration with teachers and include meaningful testimonials.

« This project is a wonderful opportunity for a child living in the United-Kingdom to broaden their horizons, find new motivation in their studies, and discover the real meaning behind the word ‘solidarity’ »

Celine - Headteacher

« I realise how lucky I am to be able to go to school even though I don’t always feel like going. In other parts of the world, young people can only dream of attending school! This project taught me — and my family — about the life of a child in Asia, as I was touched by Y Nung’s story, and I wanted to talk to people around me about it. I think differently now, and I realise that I’ve been given a fantastic opportunity in life. »

Chloe - Year 10
KEY STAGE 1

— Project impacts

- Raise awareness of the key role of education using meaningful testimonials
- Encourage your students to get to know themselves better
- Help your students to become more grateful for what they have been granted in their daily lives

— Project structure

1 | Raise awareness

Children of the Mekong presentation: Where is Asia? What is the organisation’s mission? What are we going to talk about? – 15 minutes

School is a privilege not every child can access: Testimonial of a young Asian student – 20 minutes

Visual and audio support

2 | Collaborate

Discussion: Observations, questions/answers – 20 minutes

Design a group poster/board «The wall of gratitude» Students will present everything they are grateful for – 20 minutes

3 | Engage

Individual/group time for reflection (optional) – 15 minutes
KEY STAGE 2

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Project Outcomes

- Raise awareness of the key role of education using meaningful testimonials
- Encourage your student to get to know themselves better
- Introduce your students to the notion of common good and responsibilities
- Work on a vocabulary pertaining to a specific subject (the right recipe to make a dream come true)

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Project structure

1 | Raise awareness

Children of the Mekong presentation: Where is Asia? What is the organisation's mission? What are we going to talk about? – 15 minutes

School is privilege not every child can access: Testimonial of a young Asian student – 20 minutes

Visual and audio support

2 | Collaborate

Discussion
Observations, questions/answers – 15 minutes

Design a group poster: «The recipe to make my dreams come true» – 20 minutes

3 | Engage

Individual/group time for reflection (optional) – 15 minutes

Individual reflection time (optional) – 15 minutes
Inspired by an activity offered to sponsored students (get to know yourself better: hat do I like/do not like doing, what are my talents? etc.)

The teacher listens carefully to each response. The teacher can use the poster with students throughout the school year.
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**KEY STAGE 3**

1 hour 30 minutes
2 hours

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### Project Outcomes

- Raise awareness of the key role of education thanks to meaningful testimonials
- Work in a group, listen to their classmates, and develop their teamwork skills
- Encourage your student to understand themselves better
- Work on a vocabulary pertaining to a specific subject *(the recipe to make your dream come true)*
- Introduce students to the notion of common good

### Project structure

**1 | Raise awareness**

*Children of the Mekong presentation: Where in Southeast Asia? What are the values, missions and goals?* – 15 minutes

*Education, a way to make my dreams come true: Testimonial by a sponsored student from Asia* *(with visual support, video, text)* – 20 minutes

**2 | Collaborate**

*Group work on the testimonial of a young person sponsored by Children of the Mekong* – 25 minutes

Video or text support, the same for each group.

*Groups of 3 to 5 students guided and supported in their work.* *(How is education a key to growing up? What made these young people believe in their dreams despite their life situation?) Help your students understand the meaning of their efforts and grow in maturity.*

*Feedback:* – 20 minutes

*Observations, questions/answers*

**3 | Engage**

*Individual/group time for reflection (optional)* – 15 minutes

*Individual reflection time* *(optional)* – 15 minutes

*Inspired by an activity offered to sponsored students (get to know yourself better: hat do I like/do not like doing, what are my talents? etc.)*

*Design a group poster, «The recipe to make my dreams come true»* – 30 minutes

*Students think of all the ingredients they need to make their dreams come true (continuing their work done previously on the testimonial). The facilitator listens carefully to the answers. The teacher can use the poster with students throughout the school year.*

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— Project Outcomes

- Raise awareness of the key role of education thanks to meaningful testimonials
- Work in a group, listen to your classmates
- Encourage your student to understand themselves better & develop their teamwork skills
- Introduce your students to the notion of common good

— Project structure

1 | Raise awareness

Children of the Mekong presentation: Where is Asia? What is the organisation’s mission? What are we going to talk about? – 15 minutes

Education, a way to make my dreams come true:
Testimonial by a sponsored student from Asia (with visual support, video, text) – 20 minutes

2 | Collaborate

Group work on the testimonial of a young person sponsored by Children of the Mekong – 25 minutes

Video or text support, the same for each group.

Groups of 3 to 5 students who are guided and supported in their work. (How is education a key to growing up? What made these young people believe in their dreams despite their life situation?) Help your students understand the meaning of their efforts and grow in maturity.

Feedback – 20 minutes: Observations, questions/answers

Students think of all the ingredients they need to make their dreams come true in 30 minutes (continuing their work done previously on the testimonial). The facilitator listens carefully to the answers. The teacher can use the poster with students throughout the whole school year.

Individual reflection time (optional) – 15 minutes

Inspired by an activity offered to students sponsored (get to know yourself better: What do I like/do not like doing, what are my talents? etc.)

3 | Engage

Individual/group time for reflection (optional) – 15 minutes

Design a group poster, «The recipe to make my dreams come true» – 30 minutes

KEY STAGE 4/5

2 hours
— Our Strengths

63 Years of Experience
23,000 Sponsored Children
800 Volunteers in Asia
65 «Bamboos» or Overseas Volunteers in Asia
99% Privately Funded
85% Charitable Expenditure

— Our Values

• Respect for All
  – regardless of backgrounds, cultures or religions
• Build Trust in the Communities We Serve
• Long Term Loyalty

— For More Information

Contact Eugenie Munakarmi:
eugenie@childrenofthemekong.org / +44 7412 692 254

Alice : « After having volunteered in Asia for one year, I decided to continue getting involved. I wanted to do it to help British young people realise how lucky they are to have easy access to education, healthcare system, water or power! Telling them about children’s lives living half the world away and who are eager to learn might push them to take action in their daily live. »